

EAST ANGLIAN  
**DRAGON BOAT  
FESTIVAL**

*In aid of East Coast Hospice*



**Boat sponsorship opportunities available!**



**Sunday 31 May 2015 - Oulton Broad, Lowestoft**

A fabulous day of fun, music and entertainment for all the family

**Act now! Form a crew and enter the challenge!**

Tel 01780 470718 - Entry form and conditions overleaf - No previous experience needed

CHARITY



SUPPORTER



ORGANISER



## Dragon Boat Racing and the Festival

Dragon boat racing is an ancient Chinese tradition and the fastest growing water activity in Britain today - as well as the most fun! Up to 10 people paddle each 30' boat with a drummer at the front beating time and a helm at the tail steering a straight course. No previous experience is required, just plenty of team spirit!

Gable Events has joined with East Coast Hospice to bring you the ninth East Anglian Dragon Boat Festival. Taking place on Sunday 31st May 2015 at Oulton Broad, Lowestoft, the Dragon Boat Festival is open to everyone and over 40 teams are expected to battle it out over the 200m race course, watched by several thousand spectators.

With plentiful on-site parking, great facilities and ample land space for viewing and side activities, Oulton Broad and Nicholas Everett Park offer a superb venue for the Festival. As well as the colourful and exciting races, a wide range of continuous bankside entertainment including funfair, inflatable games, children's activities, food stalls and bar guarantee a fabulous day for all the family!

Visit [www.dragonboatfestivals.co.uk/eastanglia](http://www.dragonboatfestivals.co.uk/eastanglia)



### Standard entry includes:

- Dragon boats, qualified helms and all racing equipment.
- At least 3 races per crew.
- Family entertainment.
- Souvenir programme.
- Trophies for the top three crews, the best-placed mixed crew (minimum 5 ladies), the crew raising the most money for East Coast Hospice and the 'best dressed' crew.
- Medals for the top three crews.
- Special team prize for the crew raising the most money for East Coast Hospice

### East Coast Hospice - The People's Charity

Imagine for a moment that you have a loved one with an incurable illness. Coping with this most difficult of situations may seem impossible for patients, their family and friends. Yet in the Great Yarmouth and Waveney area we have absolutely no inpatient hospice care available.

Recognising this gaping hole in local care, the independent Charity, East Coast Hospice, was formed by a group of people determined to offer patients and families the choice of the specialist support they need in a welcoming purpose built facility.

ECH has purchased a five acre site in a convenient and quiet rural setting near Beacon Park in Gorleston and planning permission has been granted for a ten bed facility with complementary therapy rooms and a peaceful garden. Margaret Chadd House will support patients and their families to live as well as they can for as long as they can and when the time comes, to support a dignified and peaceful journey at the end of life.

The mammoth task of raising funds and building the hospice cannot be managed without your support! Please help us 'Raise the Roof' of East Coast Hospice in any way you can!

#### East Coast Hospice Ltd (Charity No. 1129631)

Sussex Road, Gorleston-on-Sea,  
Great Yarmouth NR31 6PF  
Telephone: 01493 718707  
E-mail: [office@eastcoasthospice.co.uk](mailto:office@eastcoasthospice.co.uk)  
[www.eastcoasthospice.co.uk](http://www.eastcoasthospice.co.uk)



### Gable Events

With the benefit of over fifteen years' experience in corporate event management, Gable Events provides high quality, value-for-money activities tailored to the individual needs of our clients. We specialise in events for motivation, team building and fun and offer a full activity portfolio including it's a knockouts, fun days, multi-activity events, human table football, skool sports!, team challenges, krypton maze, target golf, motorised activities, 8-lane giant scalextric, indoor entertainments, archery, shooting, rafting, tank driving, treasure hunts and our ground-breaking new Medieval Days!

Tel **01780 470718** Web sites [www.gable-events.co.uk](http://www.gable-events.co.uk)  
E-mail [info@gable-events.co.uk](mailto:info@gable-events.co.uk) [www.dragonboatfestivals.co.uk](http://www.dragonboatfestivals.co.uk)  
Facebook **Gable Events Ltd** [www.itsaknockoutevent.co.uk](http://www.itsaknockoutevent.co.uk)  
Twitter **@GableEvents** [www.medieval-days.co.uk](http://www.medieval-days.co.uk)  
[www.scalextricevents.co.uk](http://www.scalextricevents.co.uk)



## Entry details

### Crews

Crews comprise of up to 10 paddlers plus a drummer - squads may be larger (max 15 persons). Crews can be mixed, all female or all male and organisations may enter more than one crew. The minimum age is 16 and no previous experience of dragon boat racing is required. All crew members must be able to swim in light clothing and in moving water and compete entirely at their own risk. Qualified helms, buoyancy aids and water safety cover are provided by the organisers.

### Rules

Gable Events is an approved operator of the British Dragon Boat Racing Association (BDA) and the Festival will hold a BDA Race Permit. All crews accepted for entry must abide with the competition rules and the entry details shown on this form. Each crew is guaranteed a minimum of 3 races (subject to conditions).

### Entry categories and fees

'Gold' and 'Silver' entry categories give teams additional benefits to the 'Standard' entry and are designed to help companies to increase their profile at the Festival whilst raising funds for East Coast Hospice:

**Standard Entry** - £490 + vat. **Additional Teams** - £390 + vat

**Silver Entry** - £1,550 + vat inc £500 donation to East Coast Hospice (standard entry plus company name and/or logo on each side of one of the dragon boats, team photo and acknowledgment on the Festival website, in the souvenir programme and commentary)

**Gold Entry** - £2,250 + vat inc £750 donation to East Coast Hospice (silver entry plus crew marquee with chairs and full page advert in the souvenir programme)

Please note, there is a 3% surcharge if paying by credit card. Tel **01780 470718**

### Entries

Will be accepted on a first come, first served basis. No refunds will be given once an entry has been accepted and there can be no refund if the Festival or racing has to be cancelled due to conditions outside the control of Gable Events.

### Crew marquees

Small marquees (3m x 3m units) with chairs are available for crews to hire. Tel **01780 470718** for details and prices

### Crew merchandise

A complete selection of team clothing and merchandise, embroidered or printed with your name/logo, is available from our official clothing supplier.

### Charity sponsorship

Official sponsorship forms and information on how you can raise money for East Coast Hospice through Virgin Money Giving <http://uk.virginmoneygiving.com> will be supplied with your entry form and evidence of all sponsorship money raised must be handed in to Race Control before your crew's first race. All crews entered are encouraged to raise money for the official festival charity (or a charity of their own choice). All the entry fees from standard entries go towards the costs of running the event: East Coast Hospice benefits only from sponsorship raised in addition to standard entry fees, or from gold and silver entries.

### Top fundraisers' prize

The team raising the most money for East Coast Hospice that is handed in on the day will be awarded the Charity Trophy and receive a special team prize (TBC).

### Advertising opportunities

Souvenir programme advertising - 1/4, 1/2 and full page available. Price and details on application. Tel **01780 470718**

## How to enter

Please complete, sign and return the entry form below, together with your payment for the appropriate amount shown in brackets. Cheques payable to Gable Events Festivals LLP. For credit card payments (3% surcharge applies) call 01780 470718. Closing date 20th May 2015

**Standard Entry - £490 + vat (£588). Additional Teams - £390 + vat (£468)**  
**Silver Entry - £1,050 + vat plus £500 donation to East Coast Hospice (£1,760)**  
**Gold Entry - £1,500 + vat plus £750 donation to East Coast Hospice (£2,550)**

### Entries to:

Gable Events, 48A Main Street, Woodnewton, Peterborough PE8 5EB. Following receipt of your completed entry form and correct fee, we will send confirmation of your entry with charity sponsorship, team merchandise and souvenir programme booking forms. A crew managers information pack with a full set of competition rules will follow in due course.



## East Anglia entry form

Entry category:  Standard  Silver  Gold

Crew name (max 30 letters) \_\_\_\_\_

Tel (day) \_\_\_\_\_

Representing \_\_\_\_\_

Email \_\_\_\_\_

Crew manager \_\_\_\_\_

We agree to abide by the Festival rules and entry conditions above. As crew manager I certify that all crew members are water confident and I hereby release Gable Events, the Festival charity and their agents, officials and volunteers for any injury or loss caused through our participation in this competition

Address \_\_\_\_\_

We compete entirely at our own risk.

Postcode \_\_\_\_\_

Signed  
(crew manager) \_\_\_\_\_

Information you supply to Gable Events may be used to provide you with information about our services in the form of direct marketing activity by phone, fax, post or email. If at any time you no longer wish to receive anything from Gable Events, please email [info@gable-events.co.uk](mailto:info@gable-events.co.uk) or tel 01780 470718.

Please note, participants and spectators must acknowledge the fact that this event is in the public arena and therefore by entering the venue, this may result in the recording of your image which may be used for promotional purposes.

ORGANISER

