



### **Our Vision**

To provide every patient  
with the care we want  
for those we love the most

Norfolk and Norwich   
University Hospitals  
NHS Foundation Trust



**Fun for all the  
family**

# **Open Day & Fete**

**Saturday 20 June 2015  
11am - 4pm**

at the  
**Norfolk and Norwich University Hospital**

**NR4 7UY**

In aid of the hospital charity  
Registered Charity No 1048170

**Free parking**

## You are invited to our hospital Open Day and Fete

11am - 4pm on Saturday 20 June 2015

There is no need to book for this event, just turn up at a time to suit you and your family.

When you arrive at the Norfolk and Norwich University Hospital please pick up a programme to find out about the activities and tours.

There are lots of free activities and there will be no charge for parking in the hospital car park (charges still apply in the public car park). Children under 16 must be accompanied by an adult.



Have your photo taken with the Star Wars droid.

## Top things to see and do

### Indoor activities

- Tour an operating theatre and try your hand at keyhole surgery
- Visit the Careers Fair
- Tour the cardiology suite where we treat heart conditions
- Try your hand at being a radiotherapist with our 3D virtual simulator
- Make a plaster mould of your hand or make a denture
- Find out more about organ donation
- Meet our dietitians and find out more about healthy eating
- Meet Fred the Pharmacy robot
- Visit the labs and look down a microscope
- Bring your teddy for an x-ray
- Follow the bear trail and claim your free bear

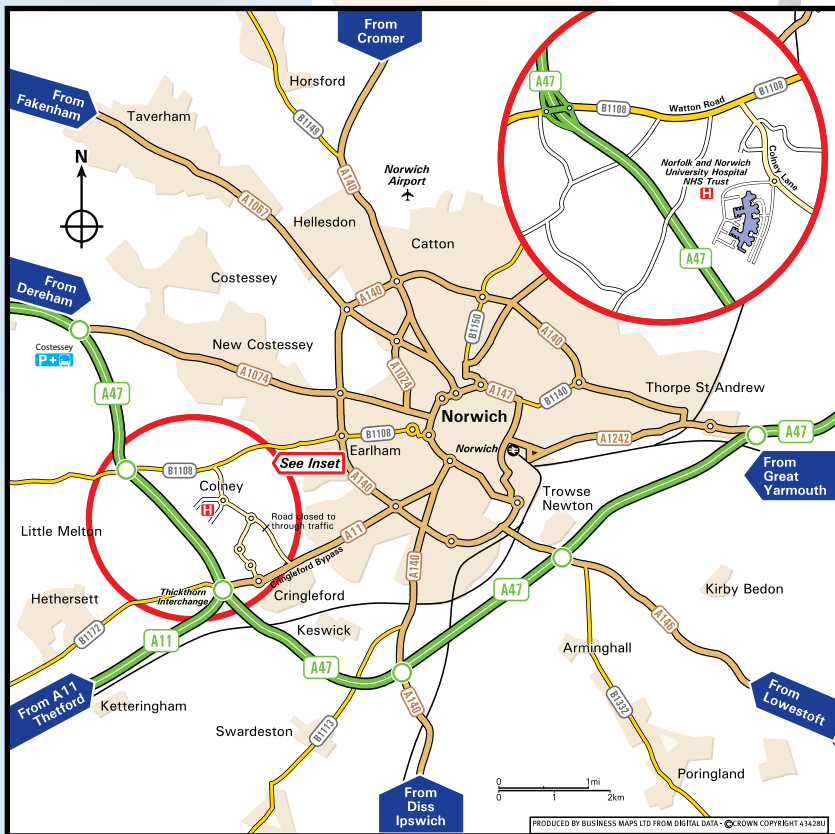
### Outdoor activities

- Explore a Gazelle Helicopter and flight simulator
- Take part in all the traditional fete games, with children's slide, coconut stall, Bowling for the Pig and much more!
- Browse the wide variety of craft and food stalls
- Sample our famous Trust Treats cakes
- Enjoy the live music!

### 5km Fun Run

There will also be a 5km fun run taking place at 10am at the UEA pavilion – for more information visit Active Norfolk at: [www.activenorfolk.org](http://www.activenorfolk.org)

Please note: Some activities may change on the day.



## How to find us

The Norfolk and Norwich University Hospital is based at Colney Lane, Norwich, NR4 7UY and is signposted off the A47 at the B1108 junction and also from the city centre via the A11. Parking will be free of charge for the day in the hospital car parks (charges still apply in the public car park).

First 11/11A via Sprowston and the city centre

First 21/21A/22 via Old Catton, city centre and Bowthorpe

First 26 via Riverside, Unthank Road and city centre

Konect 3 via Watton, Carbrooke, Hingham, Barnham Broom and Barford

Konect 4 via Swanton Morley, Dereham, Yaxham, Mattishall, East

Tuddenham and Easton

Konect 9 via Wymondham, Hethersett and Little Melton

For further information visit our website at [www.nnuh.nhs.uk](http://www.nnuh.nhs.uk) or call 01603 289821/287634 or email [communications@nnuh.nhs.uk](mailto:communications@nnuh.nhs.uk)

Donate at <https://www.justgiving.com/nnuhnhs/>