

Celebrate
The Waveney & Blyth

AUGUST - NOVEMBER 2016

Walk
Listen
Write
Dance
See
Eat
Create



Welcome to the sixth programme of unique creative events celebrating this special part of East Anglia along the Norfolk/Suffolk border.

The main focus is on outdoor activities over the summer months, with walks, workshops and our sculpture trail. Our hope is that they will stimulate people of all ages to explore the local environment and appreciate it in new ways through the insight of artists.

We are also kicking off our exciting new project Sensing Nature (see page 10) with

three events in the autumn. This project will explore how humans and creatures hear, make and experience sound, leading to a sound-art trail in 2017.

We are very pleased to be working closely with the River Waveney Trust, who have given us access again to their wonderful site in Earsham. We are also grateful to our funders, including Essex & Suffolk Water, Fonnereau Road Health Foundation Fund, Norfolk County Council and South Norfolk Council.

With such a wide range of events on offer we hope something will catch your eye.



Nicky Stainton
Chair of W&BA



Cover image by Sarah Cannell - www.sarahcannell.co.uk

ACCESS FOR EVERYONE

We want everyone to be able to enjoy our events and are striving to improve access for people with a disability. On all our walks we will use a new Tour Guide system to assist up to 5 people

with hearing loss, and 4 hearing-aid users. Please let us know when you book if you would like to use this. A pre-recorded audio guide to the Sculpture Trail and a portable hearing loop for workshops will be available. You will find details of a British Sign Language interpreted Curator's

Walk for BSL speakers, and audio described tour of the sculpture trail for visitors with visual impairment.

For further access information email jan@ollandstreet.co.uk or ring Jan on **01986 895227**

JOIN US!

WAVENEY & BLYTH ARTS celebrates and promotes the unique environment and creativity of this area.

All our events are open to everyone, but if you like what you see please join WAVENEY & BLYTH ARTS and support this entirely volunteer-run organisation. Membership runs from January to December and you will get:

- Alerts and invitations to W&BA events

- Reduced ticket prices for W&BA events
- Regular email updates to promote our members' activities, local arts events, funding opportunities, jobs and training
- The annual brochure mailed to you
- A hyperlink to your website (optional)
- Attend and vote at our AGM

2016 REDUCED MEMBERSHIP OFFER from 1st June:
INDIVIDUALS £7.50, ASSOCIATES £10

To join email membership@waveneyandblytharts.com or complete the form under JOIN US at www.waveneyandblytharts.com

BOOKING - To book places for all events (unless stated otherwise) email bookings@waveneyandblytharts.com or call **07415 168806**

Confirmation and payment information will be sent to you within five days. For general enquiries about the event contact the person listed under further information.



River Waveney Sculpture Trail



RIVER
WAVENEY
TRUST

**Friday 12 August -
Sunday 4 September**

Only open Fridays, Saturdays,
Sundays & Bank Holiday
Monday 10am – 4pm

Cost £5 adults, £4 for
members of Waveney & Blyth
Arts and River Waveney Trust.
Under 18s free. Booking not
necessary.

Venue: River Waveney
Study Centre (former Otter
Trust), Old Harleston Road,
Earsham, Bungay, NR35 2AF

**Over 30 artists exhibiting
work in a beautiful
riverside site of water
meadows and woodland**

Following the huge success
of last year's event more
than 30 new sculptures and
installations will form a trail
around the River Waveney
Trust site.

Curator Dulcie Humphrey
has encouraged artists
to create work in
response to the 24-
acre site, or submit
existing work that
complements the
unique setting.



Established and highly-regarded artists
such as Bridget Heriz, Vanessa Pooley, Mark
Goldsworthy, Ros Newman, Michael Lewis
and Patrick Elder will be joined by up-and-
coming artists taking part for the first time.

**Due to the wildlife on site, dogs are not
allowed, apart from trained assistance dogs.**

Parking: There is plentiful free parking
and designated disabled parking
close to the centre.

ACCESS AROUND THE SITE

The trail is laid out as two
loops totalling a little over 1
mile, and visitors can walk
one or both. It is suitable
for children who are
supervised by their
parents/carers. Both
loops are wheelchair
accessible with assistance and
there are ramps into all buildings
and facilities. There are seats
and regular resting places en
route.



Toilets available, including
a disabled toilet that is
accessible with assistance.

An audio-guide is available on
payment of a returnable deposit.

Access information, features and
amenities, including surfaces and
distances, are available at

www.phototrails.org -
search under 'Norfolk'.
Getting there – see map at:
www.riverwaveneytrust/pages/study-centre

River Waveney Trust Tearooms & Visitors' Centre

The tearooms will be open every day during
the trail opening hours, providing tea and
coffee, cakes, biscuits, and home-made
refreshments, with proceeds going to the
River Waveney Trust.

Glimpses Of The Waveney



To complement the
artwork around
the site members
of the well-established
Harleston & Waveney
Art Trail Collective will
be exhibiting Glimpses of
the Waveney in the Visitors'
Centre. This will showcase new
paintings, drawings, textiles
and prints inspired by the
River Waveney.



Sculpture by
Mark Goldsworthy



River Waveney Sculpture Trail Programme of events

Photography Walk & Workshop



Tuesday 16 August

10am – 4pm

Cost £20/£15

W&BA and RWT members
(includes entry fee)

Spend a creative and inspiring day with like-minded photographers. There will be a chance to view the sculptures before spending time photographing your favourites. Professional photographer Lucy Kayne will be on hand to offer guidance and technical advice. In the afternoon view and edit your work, followed by an informal group review.

For further information contact lucykayne@yahoo.co.uk or call **07944 505419**.



Dance & Sculpture

Wednesday 17 August 3pm – 5pm

Cost £10/£8 W&BA and RWT members (includes entry fee)

Dance for anyone aged 12 or over, regardless of previous dance experience. Mel Horwood will guide you through a simple series of movements in order to encourage you to view and respond to shape and space through your body and movement, with live music accompaniment.

For further information contact meljhorwood@yahoo.co.uk or call **07500 600176**.

Audio-described Walk



Thursday 18 August

10.30am – 12.30pm

Cost £10/£8 W&BA and RWT members (includes entry fee)

An audio-described walk for people with sight loss, led by Louise Fryer.

Family Fun Day



Friday 19 August 12pm – 4pm

Cost £2 per child Children love discovering the artwork along the trail and seeing the tame deer. To make the experience even more special come along to our drop-in children's outdoor art workshops, including make your own charcoal, wild drawing and sculpting with clay. All children must be accompanied by parents/carers. No advance bookings.



Installation by
Jacqui Jones

Curator's Guided Walk

Saturday 20 August 10am - 12pm

Cost £10/£8 W&BA and RWT members
(includes entry fee)

Come and gain a greater insight into the works and artists who have contributed to this year's trail in the company of curator Dulcie Humphrey.



Curator's Guided Walk + BSL Interpreter

Saturday 20 August 1pm – 3pm

Cost £10/£8 W&BA and RWT members
(includes entry fee)

As above, for BSL speakers, in conjunction with Deaf Connexions.



deafconnexions

Late Night Opening & Barbecue

Sunday 21 August 5pm – 9pm

Cost £7.50 adults/£6.50 members of W&BA and RWT (under 18s free)

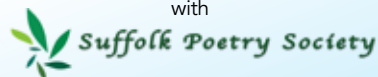
A rare chance to enjoy the sounds and sights of dusk along the River Waveney. The site will stay open until 9pm and there will be a barbecue and refreshments available.



Poet-Tree - Poetry Walk & Workshop

Tuesday 23 August 10am – 4pm

with



See page 7 for further details

Landscape Painting Workshop with Sarah Cannell

Thursday 25 August 10am – 4pm

Cost £45/£40 W&BA and RWT members,
includes art materials and entry fee



An opportunity to enjoy the amazing water meadows of the River Waveney and see the landscape anew in this one-day workshop with acclaimed artist Sarah Cannell. Free up your drawing skills and learn how to capture the essence of place through line and bold colour. Suitable for all levels of experience. Teas and coffees included, but bring your own lunch

For further information contact
sarah_cannell@onetel.com or call **01508 548941**.



Connecting Landscapes – Wenhaston Marshes & Heaths

Sunday 7 August 10am – 12pm

Cost £6/£5 W&BA members (under 12s free)



To coincide with the **Inspired by Becker** exhibition (page 11) Alan Miller of Suffolk Wildlife Trust will guide us through Wenhaston's water meadows and dry upland heaths, both important landscape features for wildlife. The meadows alleviate flooding, provide livestock grazing, hay and silage; the heaths accommodate protected reptiles, birds and insects, including the rare silver-studded blue butterfly. There will be many opportunities for sketching and photography. Includes kissing gates, but no stiles. Dogs on leads are welcome.

Meet at: Wenhaston Village Hall car park. Narrow Way, IP19 9EP

Further information:
ruth@threeways.mail1.co.uk
 or call **01502 478295**



Famous Faces – A Guided Tour of Bungay

Wednesday 10 August 2pm – 5pm

Cost £6/£5 W&BA members (under 12s free)



A fascinating tour around the centre of Bungay, led by Janet Wright and local historian Chris Reeve, visiting houses and historic sites. These are linked to national and local celebrities, including Hugh Bigod, Eliza Bonhote, John Childs, Charles Dickens, Edward FitzGerald, and Elizabeth Jane Howard. The town tour will last about one and a half hours, followed by a short tour around the Fisher Theatre. Optional tea and cakes at £4 per head.

Meet at: Fisher Theatre, Broad Street, NR35 1EE

Further information:
janetgvg@yahoo.co.uk or call **01502 715632**



Seeking Deakin – Thornham to Mellis

Friday 19 August 10.30am – 1pm

(10am to explore the church)

Cost £6/£5 W&BA members (under 12s free)



Roger Deakin lived in Walnut Tree Farm, on the edge of Mellis Common, from where he wrote *Waterlog* and *Wildwood*.

Notes from Walnut Tree Farm was published posthumously from his notebooks. On the tenth anniversary of Roger's death, join us on this short walk from the tiny thatched church at Thornham Parva to Mellis Common. Led by local writers Melinda Appleby and Brian Guthrie, the walk will feature readings from Deakin's books. The route follows Cowpasture Lane, which Roger fought to save from destruction, and finishes at his farm, whose land we will be able to explore. Lunch at the nearby pub in Mellis is optional but recommended. Dogs on leads are welcome.

Meet at: Thornham Parva Church, Bull Road, Thornham Parva, IP23 8ES

Further information: Melinda at
desk@melindaappleby.co.uk or call **01449 766879**





Poet-Tree – River Waveney Sculpture Trail

Tuesday 23 August 10am – 4pm

Cost £15/£12 W&BA members (under 12s free)



Join Suffolk Poetry Society members on this special creative day, linking words and art. Led by poet Elizabeth Soule and author



Chris Reeve, take a short walk along the River Waveney Sculpture Trail (page 3) and hear poetry inspired by the river and the sculptures that grace this annual event. In the afternoon produce your own short poems, which will be written onto leaves of durable paper and hung to create a Poet-Tree on the trail. Tea and coffee included, but bring your own lunch. Wheelchair accessible.

Meet at: River Waveney Study Centre, Old Harleston Road, Earsham, Bungay NR35 2AF

Further information:

Melinda at desk@melindaappleby.co.uk or call **01449 766879**

Walking with the Iceni – the Boudicca Way

Thursday 25 August 2pm – 4.30pm

Cost £6/£5 W&BA members (under 12s free)



Suffolk poet Elizabeth Soule will lead the walk with fellow Suffolk Poetry Society member Sue Mobbs. We will



walk in the footsteps of Boudicca. The route will follow river paths through a landscape once the haunt of the Iceni and home to East Anglia's most famous queen. The walk will feature readings from a series of poems about Boudicca. It's a gentle 2-mile stroll along the river, past (and into if desired) the tiny Grade 1 listed 14th century church of St Andrew's, Frenze. Dogs on leads are welcome.

Meet at: Dark Lane, on the right just beyond Diss Business Centre, IP22 4HD

Further information:

Melinda at desk@melindaappleby.co.uk or call **01449 766879**

Walking with Words – The Blyth Estuary

Friday 16 September 10am – 4pm

Cost £10/£8 W&BA members (under 12s free)



With local poet Ivor Murrell and landscape writer Melinda Appleby take a 4-mile walk via



waterside paths and boardwalks along the glorious Blyth Estuary, past Angel Marsh and Deadman's Covert. Hear poems about the area en route, and bring a notebook to capture your own words as we will return to Blythburgh Village Hall to write a poem or short piece of prose in response to the landscape. We will concentrate on using the senses – smell, touch, taste as well as sight and sound. Tea and coffee included; lunch at the White Hart, Blythburgh, is an optional extra, or bring a packed lunch.

Meet at: Blythburgh Village Hall, London Road, Blythburgh IP19 9LQ

Further information:

Melinda at desk@melindaappleby.co.uk or call **01449 766879**



Open Skies – Carlton Marshes

Saturday 3 September 10am – 2pm

(including stop for lunch)

Cost £8/£6 W&BA members (under 12s free)



Geoff Doggett will lead this walk through the wonderful landscape of Carlton Marshes, an internationally important nature reserve, with warden Matt Gooch. Dykes and pools teem with wildlife amongst the reed beds, flower-rich meadows, marsh and woodland. Those who wish to respond artistically to the views, rather than do the whole walk, can stay with landscape artist Malcolm Cudmore for some guided sketching and painting directly from the landscape. Returning walkers will see the work that results. A ferry ride over the River Waveney is included in the price; lunch at the Waveney Inn is an optional extra or bring a lunch. Dogs on leads are welcome.



Meet at: River Centre, Staithe Road, Burgh St Peter, Norfolk, NR34 0BT

Further information:

geoff@smartangles.com or call 01379 853464

Picturing nature – Homersfield Church Wood

Sunday 4 September 2pm – 4pm

Cost £5/£4 W&BA members (under 12s free)



Church Wood stands in a beautiful location above the Waveney and the village of Homersfield. This walk, designed to also appeal to families with young children, will give you the chance to create a 'nature picture' comprising natural objects found in the wood to make a picture or pattern on the forest floor. To fire your creativity we will begin by looking at examples made by local artists. Afterwards we'll retire to the Farmer's Kitchen for some refreshment (not included in the price) – and a slide show of the pictures. Wheelchair accessible. Dogs on leads are welcome.



Meet at: Homersfield Car Park, Church Lane, Homersfield near Harleston, IP20 0ET (next to Black Swan pub)

Further information:

davisonmike@outlook.com or call 01379 852501

Not all at Sea – Historic Great Yarmouth

Sunday 11 September 12 noon – 4pm

Cost £5/£4 W&BA members (under 12s free)



Enjoy a 3-mile walk around Great Yarmouth and discover a wealth of historic buildings



and monuments. We will start at St Georges Theatre, a splendid 18th century baroque chapel, and end with a visit to the Maritime Festival, where there are ships to board including free access to Lydia Eva, the last survivor of the steam drifter herring fleet. The Festival includes music, street theatre and demonstrations, and there will be the opportunity to buy foods from around the world. You can also take advantage of free entry to the various museum/heritage sites along the quayside. This is a family-friendly afternoon, accessible to all. Dogs on leads are welcome.

Meet at: St George's Theatre Cafe, King Street, Gt Yarmouth, NR30 2PG

Further information: Lorraine at

lost.lavans@btinternet.com or call 01493 722734



Elizabeth Smart & Waveney Women Writers – St Cross

Sunday 18 September 2pm – 4pm

Cost £6/£5 W&BA members (under 12s free)



A circular walk through the Saints taking in The Dell in Flixton, former home of writer Elizabeth Smart, and ending at the lovely St George's Church where



she and one of her daughters are buried. There will be extracts from her 'wildly poetic novel' *By Grand Central Station I Sat Down and Wept*, inspired by her affair with poet George Barker, and Elspeth, George's widow, who became a close friend to Elizabeth Smart, will read from later works. Local historian Ruth Walton will share her research into other, less-known women writers who have lived nearby. Cold drinks and home-made cake and biscuits included in the price. Dogs on leads are welcome.

Meet at: St George's Church, St Cross South Elmham, IP20 0NX

Further information:

nmstainton@gmail.com or call 01379 855235

Alfred Munnings & Mendham

Saturday 24 September 2pm – 5pm

Cost £5/£4 W&BA members (under 12s free)



This guided tour of Mendham will last about an hour and a half, and will include the church and other locations associated with the career of Sir

Alfred Munnings. Many of the artist's early drawings and paintings were inspired by the local landscape. Our guides are Chris Reeve, author of *The Waveney Valley* (2015) and curator of last year's Munnings exhibition, and Colin Herbert, author of *A History of Mendham Parish* (2015). The tour will include admission to the gardens of Mendham Mill, where Munnings was born and grew up. It will end with tea and cakes at the Alfred Munnings Hotel (not included in the price).

Meet at: The Alfred Munnings Hotel, Mendham, IP20 0NL

Further information:

kitkat46@btinternet.com
or call 01986 893155



Sensing Nature in Words & Images

Monday 12 September 12pm – 2.30pm

Cost £12 /£10 W&BA members (including lunch)



Come along for a sociable light lunch in this lovely rural setting on the Thornham



Estate. Hear about how the upper Waveney Valley landscape has long attracted and inspired writers like Virginia Woolf and John Middleton Murray – and more recently nature writers including Roger Deakin who lived nearby. Learn about Sensing Nature (see page 10) which will culminate in a weekend of sound-based trails around the woods next year. Take time before or after to walk round the estate's wheelchair friendly paths.

NB – there is a £2 parking charge, not included in the ticket price.

Venue: The Forge Café, Thornham Magna, Gislegham Road, Eye IP23 8HH

Further information:

desk@melindaappleby.co.uk
or call 01449 766879

Sensing Nature



Sensing Nature
exploring sound



W&BA is working with Norfolk & Norwich Association for The Blind to explore how humans and creatures hear, make and experience sound, leading to a specially created outdoor performance trail in 2017. To stimulate the old grey matter we have a fascinating range of leading researchers, writers and sound experts to inspire us to become sound-aware.

Sounding Out Sound

Sunday 2 October

10.30am – 1.30pm

Cost £12/£10 W&BA members

Dr Matthew Moreland,
Lecturer in Phonetics at
the University of East

Anglia will explain how people make
and hear sound. Award-winning
author, naturalist and ornithologist

Mark Cocker will answer such
fascinating questions as ... Do
moths make noises? How do
birds sing? And **Geoff Sample**,
wildlife sound recordist for
BBC TV and radio, will play
recordings of creatures'
songs and calls, gatherings



and rituals. Followed by a question & answer session.

Venue: The Cut, New Cut, Halesworth, Suffolk, IP19 8BY

To book: call 0845 673 2123
or via www.newcut.org

Human Echo-location Workshop - for blind, visually impaired, and sighted participants

Saturday 5 November 11am – 3pm

Cost £12/£10 W&BA members

This practical workshop will be led by Human echo-locator **Dr Lore Thaler**, Lecturer in the Department of Psychology at Durham University, and will help you discover your inner bat! It will start with practising mouth clicks, then detecting objects, and go on to combine echo-location with the use of the long cane. For the purpose of the workshop sighted people will be asked to wear blindfolds. Places are limited and priority will be given to blind and visually-impaired participants.



Venue: Beccles Free School, Castle Hill,
Beccles, Suffolk, NR34 7BQ

To book: jan@ollandstreet.co.uk
or ring Jan on 01986 89522



Tom Shakespeare, researcher and broadcaster, is the Project Patron for Sensing Nature because it removes barriers to appreciating nature and exploring the role of sounds in our lives.



Bats & Batpeople

Sunday 6 November 11am – 1pm

Cost £12/£10 W&BA members

Love them or hate them, bats are intriguing animals that famously use echo-location, a beam of sound, rather than sight for navigation and hunting; humans are now learning their techniques. **Lisa Worledge**, Head of Conservation Services for the UK's Bat Conservation Trust, is an expert on bats. What she doesn't know about them is not worth knowing! **Dr Lore Thaler** is a Human echo-locator and lecturer at Durham University. She will explain how blind American Daniel Kish learned techniques from bats and has developed echo-location to help blind people find their way around. The talks will be followed by a question & answer session.



Venue: The Cut, New Cut,
Halesworth, Suffolk, IP19 8BY

To book: call 0845 673 2123
or via www.newcut.org



Other Arts & Landcape Events



Inspired by Becker Exhibition

Friday 5 August – Sunday 7 August

10am – 5pm Fri & Sat 10am – 4pm Sun

Admission free, donations welcome



Once again the Inspired by Becker Appreciation Society will present a high-quality showcase of artworks for sale, made by over 30 East Anglian artists.



All are inspired by the work of Harry Becker (1865 to 1928) either in subject matter, or style and technique. On Saturday 6 August there is a plein air competition. To take part register (£5) at St. Peter's at 10am, and then sketch and paint until 1pm. Work will be judged and prizes given. There will also be delicious tea, coffee and home-made cakes. Information about Harry Becker, the Society and examples of exhibitors' work can be found at

www.ibbas.co.uk

Venue: St Peter's Church, Wenhaston

Exhibition: A Waveney Valley Friendship – Sir Alfred Munnings & Adrian Bell

Saturday 24 September – Saturday 1 October

10am – 4pm Admission free, donations welcome



Sir Alfred Munnings (1878-1959), born at nearby Mendham, was renowned for his paintings of rural scenes and was President of the Royal Academy. Adrian Bell (1901-1980) was a journalist-farmer who wrote the much-admired Countryman's Notebook column in the Eastern Daily Press and over 20 books on the countryside. This exhibition, which includes art works on loan from the Munnings Museum in Dedham, celebrates their friendship. On Friday evening (7.30pm) the preview will commence with a talk by former broadcaster and MP Martin Bell entitled *Memories of my Father*. Buffet and wine. Admission **£10** (advance booking is recommended).

To book: contact Chris Reeve on **01986 893155** or Keith Parker on **01986 893133**

Venue: St Mary's Church, Bungay

The Company of Imagination Remembered

Monday 29 August 3pm – 5pm

Cost **£10** including refreshments



Many local people will fondly remember The Company of Imagination and the extraordinary animated trails created by the multi-arts company under the inspired leadership of Jan Dungey. This event will introduce a new website providing an archive for the projects created between 1985 and 1992, plus a number of short videos from the time, a few words from people who were involved, and a chance to meet and reminisce over cakes and refreshments.

If you have material to contribute to the project contact nmstainton@gmail.com.

To book: Call The Fisher Theatre on **01986 897130** or email info@fishertheatre.org

Venue: Fisher Theatre, Broad Street, Bungay

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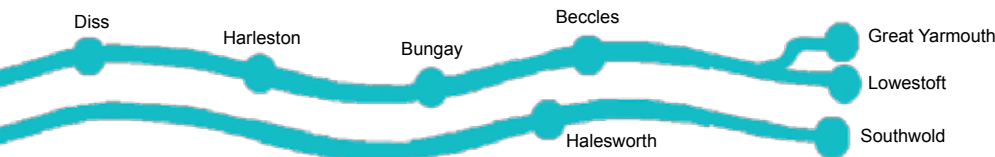
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Printed on 100%
recycled material

Waveney Valley

For information regarding our photographic contributions visit www.waveneyandblytharts.com Waveney & Blyth Arts reserves the right to change or cancel the advertised programme. Details are correct at time of going to press and any changes will be posted on the website and advertised locally.